

## NEXT STEPS

### **Review your work on the five heart hungers.**

- List your action items below in priority order.
- Put a check beside the one that you think will be the easiest to make progress.
- Put a circle around the one that is causing you the most pain right now.
- Put a star on the one that will be your greatest challenge
- Underline the one that will get your best attention in the next 30 days.

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

## FOLLOW THROUGH

***A Work of Heart: Understanding How God Shapes Spiritual Leaders***, Reggie McNeal

***Leading on Empty: Refilling Your Tank and Renewing Your Passion***, Wayne Cordeiro

***Soul Keeping: Caring for The Most Important Part of You***, John Ortberg

***Emotionally Healthy Spirituality: Unleash a Revolution in Your Life in Christ***, Peter Scazzero

***Dangerous Calling: Confronting the Unique Challenges of Pastoral Ministry***, Paul David Tripp



**North American  
Mission Board**

**namb.net**

A Southern Baptist Convention entity supported by the Cooperative Program and the Annie Armstrong Easter Offering.® For general information, call 770-410-6000, or visit [namb.net](http://namb.net). To order materials, call Customer Service Center, 1-866-407-NAMB (6262), fax, 770-442-9742, or visit [nambstore.com](http://nambstore.com).

# FIVE HEART HUNGERS COACHING

**INTENTIONAL INFLUENCE**

1 Thessalonians 2:6-8

“People who succeed in life do not go around settling scores. They do not even keep score. They ‘run up the score’ by doing good to others, even when they don’t deserve it.”

**DR. HENRY CLOUD** *9 Things You Simply Must Do*

What relationship needs more attention now?

---

What do you need to do?

---

---

When do you need to do it?

---

Who can help you?

---

**FOCUSED ENERGY**

2 Timothy 4:6-8

“A busy life is not necessarily a focused life. If you leave Atlanta planning to arrive in Miami, and drive 65 miles an hour heading northeast, you’re making great time, but you’re still going in the wrong direction.”

**ED CERNY** *Notes From The Coach*

What priority in your life needs more energy from you now?

---

What do you need to do?

---

---

When do you need to do it?

---

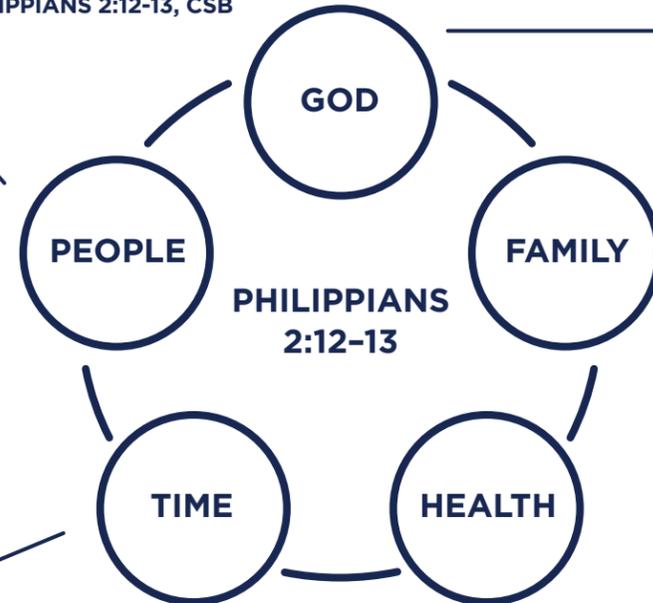
Who can help you?

---

# FIVE HEART HUNGERS

“Therefore, my dear friends, just as you have always obeyed, so now, not only in my presence but even more in my absence, work out your own salvation with fear and trembling. For it is God who is working in you both to will and to work according to his good purpose.”

**PHILIPPIANS 2:12-13, CSB**



**SPIRITUAL INTIMACY**

Luke 10:38-42

“My worth to God in public is what I am in private. Is my master ambition to please Him and be acceptable to Him, or is it something else, no matter how noble?”

**OSWALD CHAMBERS**

What would going deeper with God look like in your life?

---

What do you need to do?

---

When do you need to do it?

---

Who can help you?

---

**RELATIONAL INTEGRITY**

Ephesians 5:24-30

“A strong, vibrant marriage that evidences health and balance suggests that the leader maintains integrity when the lights go out and the public stage curtain comes down.”

**REGGIE MCNEAL** *A Work of Heart*

What family relationship needs extra attention now?

---

What do you need to do?

---

---

When do you need to do it?

---

Who can help you?

---

**LIFE BALANCE**

1 Corinthians 6:19-20

“We don’t forget we are Christians. We forget that we are human, and that one oversight alone can debilitate the potential of our future.”

**WAYNE CORDEIRO** *Leading on Empty*

What part of your health are you currently neglecting?

---

What do you need to do?

---

---

When do you need to do it?

---

Who can help you?

---

