

How you doing...



SOUL CARE HEART CHECK

SPIRITUALLY I am experiencing joy and peace from my relationship with Jesus!

PHYSICALLY I am energized to serve and participate in personal activities!

EMOTIONALLY I am expressing emotions but do not allow them to control me!

RELATIONALLY I am engaged in authentic community with others!

*Scan below for the
Soul Care Assessment*



 **Send Network**

sendnetwork.com/soulcare

"Guard your heart above all else, for it is the source of life."

Proverbs 4:23