

Five Heart Hungers Coaching

Next Steps

Review your work on the five heart hungers.

- › List your action items below in priority order.
- › Put a check beside the one that you think will be the easiest to make progress.
- › Put a circle around the one that is causing you the most pain right now.
- › Put a star on the one that will be your greatest challenge
- › Underline the one that will get your best attention in the next 30 days.

1. _____
2. _____
3. _____
4. _____
5. _____

Follow Through

A Work of Heart: Understanding How God Shapes Spiritual Leaders, Reggie McNeal

Leading on Empty: Relling Your Tank and Renewing Your Passion, Wayne Cordeiro

Soul Keeping: Caring for The Most Important Part of You, John Ortberg

Emotionally Healthy Spirituality: Unleash a Revolution in Your Life in Christ, Peter Scazzero

Dangerous Calling: Confronting the Unique Challenges of Pastoral Ministry, Paul David Tripp



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Mission Board**

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SEND Network

Five Heart Hungers

Intentional Influence

1 Thessalonians 2:6-8

"People who succeed in life do not go around settling scores. They do not even keep score. They 'run up the score' by doing good to others, even when they don't deserve it."

Dr. Henry Cloud
9 Things You Simply Must Do

What relationship needs more attention now?

What do you need to do?

When do you need to do it?

Who can help you?

Focused Energy

2 Timothy 4:6-8

"A busy life is not necessarily a focused life. If you leave Atlanta planning to arrive in Miami, and drive 65 miles an hour heading northeast, you're making great time, but you're still going in the wrong direction."

Ed Cerny
Notes From The Coach

What priority in your life needs more energy from you now?

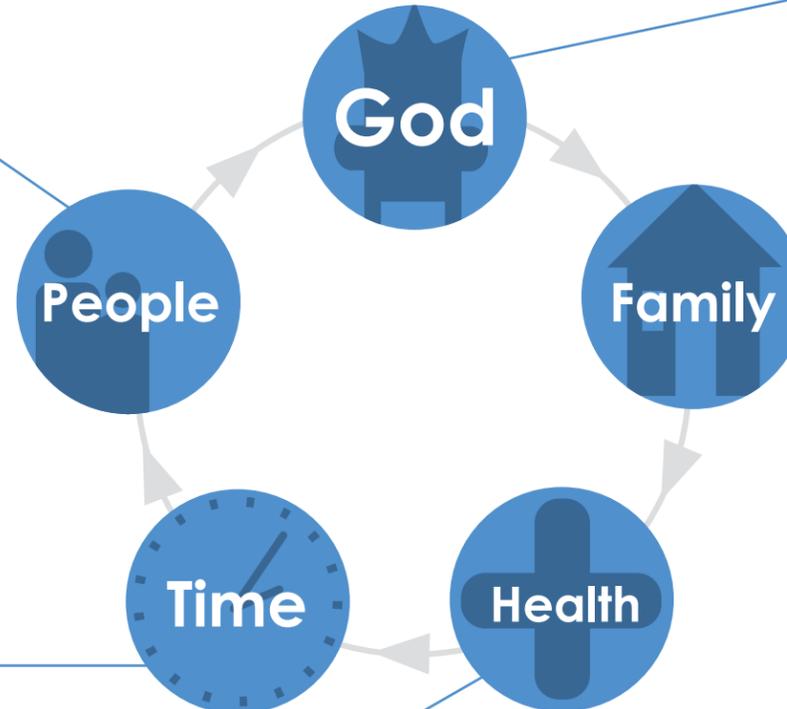
What do you need to do?

When do you need to do it?

Who can help you?

Philippians 2:12-13 (HCSB)

¹² Therefore, my beloved, as you have always obeyed, so now, not only as in my presence but much more in my absence, work out your own salvation with fear and trembling, ¹³ for it is God who works in you, both to will and to work for his good pleasure.



Life Balance

1 Corinthians 6:19-20

"We don't forget we are Christians. We forget that we are human, and that one oversight alone can debilitate the potential of our future."

Wayne Cordeiro,
Leading on Empty

What part of your health are you currently neglecting?

What do you need to do?

When do you need to do it?

Who can help you?

Spiritual Intimacy

Luke 10:38-42

"My worth to God in public is what I am in private. Is my master ambition to please Him and be acceptable to Him, or is it something else, no matter how noble?"

Oswald Chambers

What would going deeper with God look like in your life?

What do you need to do?

When do you need to do it?

Who can help you?

Relational Integrity

Ephesians 5:24-30

"A strong, vibrant marriage that evidences health and balance suggests that the leader maintains integrity when the lights go out and the public-stage curtain comes down."

Reggie McNeal
A Work of Heart

What family relationship needs extra attention now?

What do you need to do?

When do you need to do it?

Who can help you?
